# Belonging Compact FAQs



#### What is belonging and why does it matter?

To belong is to see each other as fully human and to value one another despite our differences and shortcomings. When individuals feel as though they belong, they are able to show up as the full, authentic versions of themselves.

Belonging leads to healthier families, workplaces and communities. It is a cornerstone of our democracy and an antidote to isolation, loneliness and division

### What is the Greater Seattle Compact for Belonging?

The <u>Compact for Belonging</u> is an online document that individuals and organizations can sign digitally. By adding your name to the compact, you are making a public commitment to work to increase belonging in your personal and professional life.

When you visit webelonghere.org, you can <u>navigate to a form</u> that enables you to sign the compact. You can also explore the values and practices behind belonging, watch videos where community leaders discuss what belonging means to them, and access resources to help you in your belonging journey.

#### Who should sign the compact?

We invite individuals, companies and organizations of all kinds to review the compact and consider signing on. Geographically, we are focused on the greater Seattle-Tacoma region of western Washington.



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### What am I committing to by signing the compact?

By signing the compact, you are committing to holding yourself and others accountable to the values of belonging, love and justice. You are volunteering to put these values into practice through discussions with your neighbors, employers, family, and/or community.

This work will look different for everyone. Maybe your professional role presents opportunities to implement the work of belonging into how your organization operates. Or perhaps you are more interested in working on belonging in your book club, neighborhood group or school community.

When you sign the Belonging Compact, you agree to receive materials via email to help you determine how belonging best fits into your goals. While we won't hold you accountable to any set of specific requirements, we may occasionally check in to ask how your journey with belonging is unfolding.

## What else can I do to support this work?

We invite those who sign the compact to consider engaging with the Greater Seattle Compact for Belonging in other ways as well. For example, you might...

- Sign up to be a Belonging Ambassador and to join our monthly check-ins to learn best practices for sharing this work with others
- Refer us to other individuals and organizations who would be eager to sign the compact and/or assist with getting the word out
- Consider us for speaking opportunities at your organization's next event or internal gathering. Lunch and learn, anyone?
- Send us feedback about the compact and our outreach efforts (info@civic-commons.org)
- [Your idea here!]

